

# ICAD

2019  
INTERNATIONAL CONGRESS OF AESTHETIC DERMATOLOGY



*Final*  
PROGRAM

**22-23 NOVEMBER 2019**  
PRE-CONGRESS 21 NOVEMBER  
**BANGKOK**  
**CONVENTION CENTRE**  
**AT CENTRALWORLD**

U.E.F.M.S.  
18 CME CREDITS

 ORGANIZED IN COOPERATION WITH  
THE OFFICIAL DST – DERMATOLOGICAL SOCIETY OF THAILAND

 **informa**markets

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# ICAD 2019 | *The Symphony of Global Aesthetics*

DST



Dr. Puan SUTTHIPINITTHAM  
President,  
Dermatological Society of  
Thailand



Dr. Woraphong MANUSKIATTI  
Prof of Dermatology, Scientific Director



Dr. Rataporn UNGPAKORN  
Dermatologist, Secretary-General

INTERNATIONAL  
SCIENTIFIC COORDINATION



Dr. Dario BERTOSSI  
Facial Plastic Surgeon, Italy

## DEAR COLLEAGUES AND FRIENDS,

We are pleased to invite you to participate in the 10<sup>th</sup> edition of the International Congress of Aesthetic Dermatology (ICAD), taking place on **21-22-23 November 2019, in Bangkok, Thailand.**

ICAD is now the most established and largest international medical aesthetics congress in Southeast Asia, serving the growing needs of not only this very dynamic region, but also, increasingly, the rest of the world.

Built upon a partnership between the Dermatological Society of Thailand (DST) and EuroMediCom, ICAD brings together Asian expertise and international networks to offer an unparalleled platform, with expert speakers and cutting edge scientific content.

*"The Symphony of Global Aesthetics"* has been chosen to be the main theme for ICAD 2019. The next generation of medical practitioners and opinion leaders is causing a seismic change in the field, with new trends and developments constantly arising. **ICAD 2019** seeks to address unique developments in the field of medical aesthetics from around the world shared by the experts and participants coming from various continents.

As always, ICAD will contain practical content, along with a special focus on what's new in the field, with many live demonstrations.

We look forward to welcoming you to ICAD and Bangkok.

## ICAD SCIENTIFIC & ORGANIZING COMMITTEE

## Venue & organization

### CENTARA GRAND & BANGKOK CONVENTION CENTRE AT CENTRALWORLD

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Scientific Advisor.....	Dr. Jinda ROJANAMATIN
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Professional Standard and Ethics.....	Dr. Vesarat WESSAGOWIT
Registration .....	Dr. Somsak TANRATTANAKORN
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## Scientific Committee

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 Dr. Rungsima WANITPHAKDEEDECHA  
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 Dr. Marisa PONGPRUTTHIPAN  
 Dr. Sasima EIMPUNTH  
 Dr. Voraphol VEJJBHINANTA  
 Dr. Ratchathorn PANCHAPRATEEP  
 Dr. Jade WITITSUWANNAKUL

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 Alexander MELERZANOV, Prof.

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Natalia MANTUROVA  
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Russia



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Dermatologist  
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Italy



Neil SADICK  
Dermatologist  
USA



Klause HOFFMANN  
Dermatologist  
Germany



Serge GINTER  
Gynecologist  
Luxembourg

## List of Speakers

ACHMAD Yudha Pranata, Dermatologist, Bandung, Indonesia  
 AGARWAL Madhuri, Dermatologist, Mumbai, India  
 AN Kyung Chun, Plastic & Reconstructive Surgeon, Seoul, South Korea  
 ARTZI Ofir, Dermatologist, Tel Aviv, Israel  
 BERTOSSI Dario, Facial Plastic Surgeon, Verone, Italy  
 BIANCO Andrea, Plastic Surgeon, Verbano-Cusio-Ossola, Italy  
 BONAN Paolo, Prof. Dermatology, Florence, Italy  
 CABRERA Allen, Dermatologist, Ortigas center, Philippines  
 CATTARINI MASTELLI Giulia, Dermatologist, Sanremo, Italy  
 CHAWWAVANICH Prapawan, Dermatologist, Bangkok, Thailand  
 CHEONG Peter Ion Lap, Aesthetic Practitioner, Hong Kong  
 CHEN Yida, Aesthetic & Plastic Surgeon, Harbin, China  
 CHERHAVA Helena, Aesthetic Practitioner, Kiev, Ukraine  
 CHUNG Kee Yang, Prof. Dermatology, Seoul, South Korea  
 D'ALESSIO Patrizia, Hematologist, Biologist, Prof Dr., Villejuif, France  
 DECANGCHON Francis, Aesthetic & Plastic Surgeon, Quezon City, Philippines  
 DHIR Anup, Plastic Surgeon, New Delhi, India  
 DIDAR Faramarz, Dermatologist, Hornchurch, United Kingdom  
 EIMPUNTH Sasima, Dermatologist, Bangkok, Thailand  
 FAVADE Aditya, Dermatologist, Maharashtra, India  
 FORES Luci, Dermatologist, Makati, Philippines  
 FRANKO Alenka, Internal Medicine, Ljubljana, Slovenia  
 FUNIKOVA Anna, Dermatologist, Kyiv, Ukraine  
 GAIDASENCO Angela, Dermatologist, Chisinau, Moldova  
 GINTER Serge, Gynecologist, Luxembourg, Luxembourg  
 GOLTSOVA Elena, Dermatologist, Moscow, Russia  
 GUTOP Ekaterina, Dermatologist, Yaroslavl, Russia  
 HAQ Syed N., Anti-aging & Aesthetic Practitioner, London, UK  
 HAO Lijun, Prof. MD Plastic & Reconstructive Surgeon, Harbin, China  
 HANNEKEN Ludger, Ophthalmologist, Escaldes-Engordany, Andorra  
 HIDAJAT Inneke Jane, Dermatologist, Jakarta, Indonesia  
 HOFFMANN Klaus, Dermatologist, Bochum, Germany  
 KAPOOR Krishan Mohan, Plastic Surgeon, Punjab, India  
 KALBERMATTEN Daniel, Prof. Plastic Surgery, Basel, Switzerland  
 KAO Chuan-Hsiang Steve, Facial Plastic Surgeon, Taipei, Taiwan  
 KOWITWIBOOL Kritsada, Facial Plastic Surgeon, Bangkok, Thailand  
 LEYLEK Ozgur, Gynecologist, Istanbul, Turkey  
 LIM Ting Song, Aesthetic Practitioner, Petaling Jaya, Malaysia  
 LIN Jeng-Hsien, Dermatologist, Kaohsiung, Taiwan  
 LIPP Stefan, Aesthetic Practitioner, Dusseldorf, Germany  
 LOPEZ Grace, Aesthetic Practitioner, Quezon City, Philippines

LUO Sai, Aesthetic & Plastic Surgeon, Harbin, China  
 MANUSKIATTI Woraphong, Prof. Dermatology, Bangkok, Thailand  
 MOEY Christie, Aesthetic Practitioner, Kuala Lumpur, Malaysia  
 NADELA Rosalina, Dermatologist, San Juan, Philippines  
 NEESER Karl J., Prof. Health Science, Bangkok, Thailand  
 PANCHAPRATEEP Ratchathorn, Dermatologist, Bangkok, Thailand  
 PAZ-LAO Purita G., Dermatologist, Makati, Philippines  
 PHONGPHIT Vanravi, Dermatologist, Bangkok, Thailand  
 PHOTHONG Weeranut, Dermatologist, Bangkok, Thailand  
 PONGPRUTTHIPAN Marisa, Dermatologist, Bangkok, Thailand  
 PRENDERGAST Peter, Aesthetic Practitioner, Dublin, Ireland  
 RAJANI Anil, Aesthetic & Anti-Aging Practitioner, Portland, United States  
 RAVICHANDRAN Simon, ENT Surgeon, Bothwell, United Kingdom  
 ROJANAMATIN Jinda, Dermatologist, Bangkok, Thailand  
 SAFA Marva, Aesthetic Practitioner, Neuchatel, Switzerland  
 SAMPATTAVANICH Nattaporn, Dermatologist, Bangkok, Thailand  
 SAPUTRA Deasy Indra, Dermatologist, Jakarta, Indonesia  
 SCHERER Max-Adam, Plastic & Reconstructive Surgeon, Moscow, Russia  
 SHAH Falguni, Dermatologist, Mumbai, India  
 SHYNDER Karina, Dermatologist, Lviv, Ukraine  
 SOFRA Xanya, Anti-Aging Practitioner, Tai Po, Hong Kong  
 STANKOVIC Nenad, Aesthetic Practitioner, Beograd, Serbia  
 SUDHAMONO Aryani, Dermatologist, Jakarta, Indonesia  
 SUGKRAROEK Pansak, Endocrinologist, Bangkok, Thailand  
 TAN Kelvin Chee Ling, Aesthetic & Anti-Aging Practitioner, Kuala Lumpur, Malaysia  
 TANGJATURONRUSAMEE Chinmanat, Dermatologist, Bangkok, Thailand  
 TECHAPICHETVANICH Thanya, Dermatologist, Bangkok, Thailand  
 TENG-UMNUAY Patana, Internal Medicine, Bangkok, Thailand  
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 WATTANAKRAI Penpun, Dermatologist, Bangkok, Thailand  
 WESSAGOWIT Vesarat, Aesthetic Practitioner, Bangkok, Thailand  
 WIERNSPERGER Nicolas, Pharmacologist, Lyon, France



# Schedule

at a glance

Pre-congress Courses

## Thursday 21 November

LOTUS 5-6-7

Aesthetic Course

8:30  
18:00

COMBINATION TREATMENT  
FOR FACIAL BEAUTIFICATION

LOTUS 1-2

Laser Course

8:30  
12:30

CURRENT APPLICATIONS OF  
LASER AND ENERGY-BASED DEVICES  
IN AESTHETIC DERMATOLOGY

14:00  
18:00

HANDS-ON WORKSHOPS

## Friday 22 November

BBC HALL A

LOTUS 1-2

LOTUS 3-4

LOTUS 7

8:30  
10:00

KEYNOTE LECTURES  
SKIN AND ANTI-AGING  
CONSIDERATION

AESTHETIC SURGERY UPDATE

MANAGEMENT  
OF HAIR LOSS

10:00 - 10:30 • Coffee break

10:30  
12:00

• LIVE  
HOW TO DO MORE WITH LESS  
*LIMITED-BUDGET  
AESTHETIC TREATMENT*

FAT-IN & FAT-OUT

DEALING  
WITH PIGMENTATION

12:00 - 13:00  
SYMPOSIUM

FOLLOWED BY Lunch break • 13:00 - 14:00

14:00  
15:30

SPECIAL LECTURE ON  
ANATOMY TRACINGS  
& RISKY ZONES  
14:00 - 14:30  
MY TECHNIQUES  
WITH INJECTABLES  
*5 MINUTES TO CONVINCE*  
• VIDEO BATTLE

FUNCTIONAL  
GYNECOLOGY  
&  
GENITAL  
REJUVENATION

COSMECEUTICALS  
& SKIN CARE

14:00-15:00  
Company Workshop

15:30 - 16:00 • Coffee break

16:00  
18:00

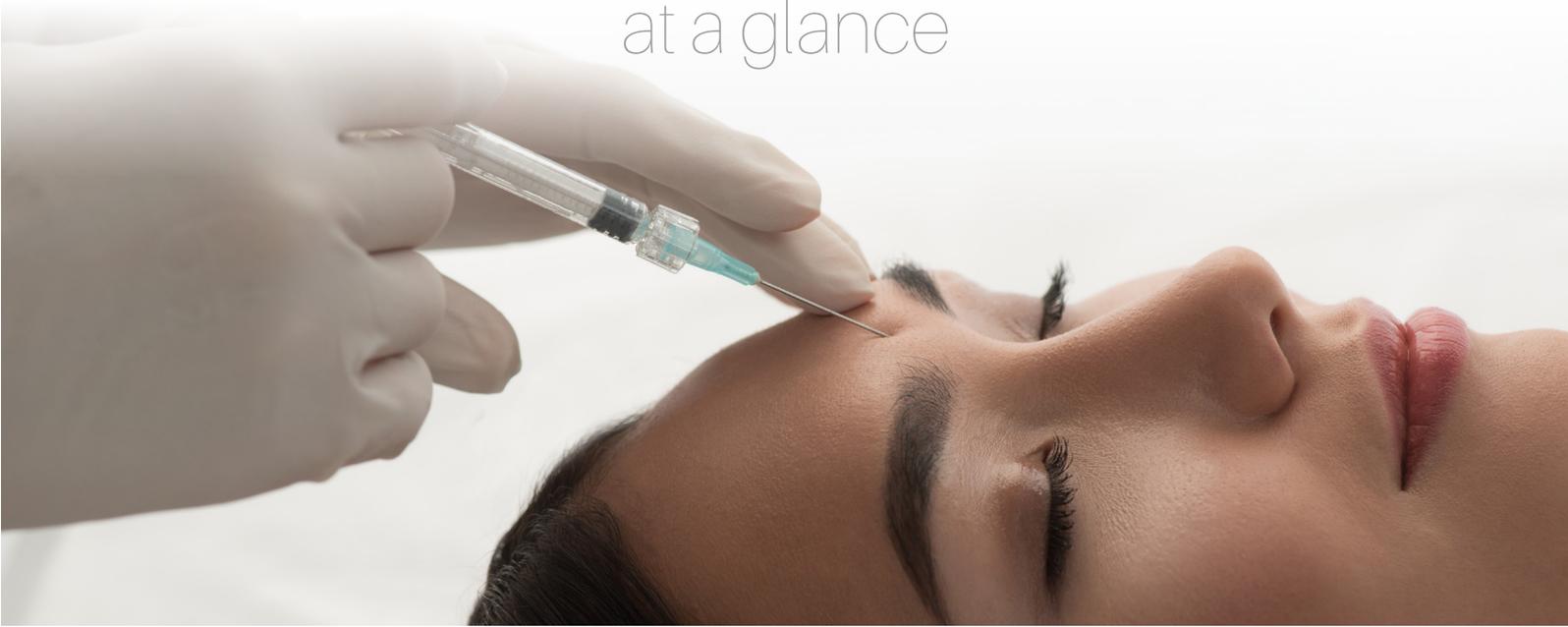
• LIVE  
UNLIMITED-BUDGET  
AESTHETIC TREATMENT

EBDs, LIGHT  
& LASER

THREAD LIFTING

# Schedule

at a glance



## Saturday 23 November

	BBC HALL A	LOTUS 1-2	LOTUS 3-4	LOTUS 7
8:30 10:00	HOW I MANAGE MY WORST NIGHTMARES	BOTULINUM TOXIN WHAT'S NEW	MEDICAL RHINOPLASTY	
10:00 - 10:30 • Coffee break				
10:30 12:00	THE MASTERS' SHOWCASES OF CHALLENGING ZONES (1) <small>• LIVE</small>	AESTHETICS BEYOND THE FACE	SCAR TREATMENT INSIGHT	10:30-11:30 Company Workshop
12:00 - 13:00 SYMPOSIUM		FOLLOWED BY Lunch break • 13:00 - 14:00		
14:00 15:30	IF I CAN ONLY CHOOSE ONE DEVICE What will be good for my patients and also good for my business <small>EXPERT DEBATE</small>	EMERGING TRENDS & TECHNOLOGIES	ANTI-AGING & WELL-BEING	14:00-15:00 Company Workshop
15:30 - 16:00 • Coffee break				
16:00 18:00	THE MASTERS' SHOWCASES OF CHALLENGING ZONES (2) NOSE, JAWLINE & CHIN <small>• LIVE</small>	FROM SURFACE TO STRUCTURE	ANTI-AGING DERMATOLOGY	



## COMBINATION TREATMENT FOR FACIAL BEAUTIFICATION

Most of the patients seeking for aesthetic treatment require more than one type of procedure to achieve best outcome. Nowadays, there is a wide variety of treatments including neuromodulators, soft tissue augmentation, energy-based devices, as well as, thread lifting to reverse the aging face. Aesthetic practitioners should embrace combination treatments and obtain up-to-date knowledges on indications, treatment techniques, and prevention of complications, in order to provide safe and effective results.

### SCIENTIFIC DIRECTION



Rungsima WANITPHAKDEEDECHA  
Dermatologist, Thailand



Jinda ROJANAMATIN  
Dermatologist, Thailand



Dario BERTOSSI  
Facial Plastic Surgeon, Italy

8.30 - 10.30

### PERIORBITAL REJUVENATION WITH INJECTABLES

- Challenging indications for neuromodulators and soft tissue augmentation, **Dario BERTOSSI**
- Injectables complications: Prevention and management, **Jinda ROJANAMATIN**

#### LIVE DEMONSTRATIONS

- Case 1: Tired and sad Eyes, **Dario BERTOSSI**
- Case 2: Periorbital enhancement, **Simon RAVICHANDRAN**
- Case 3: Complicated tear troughs, **Alexander TURKEYVYCH**

10.30 - 11.00

COFFEE BREAK

11.00

### PERIORAL REJUVENATION WITH INJECTABLES

- Advanced Perioral Toxin & filler injections - Asian perspective, **Rungsima WANITPHAKDEEDECHA**
- Lips: why sometimes we can't achieve good result - what is necessary to take into account, **Alexander TURKEYVYCH**

#### LIVE DEMONSTRATIONS

- Case 1: Dry and cracked lips, **Rungsima WANITPHAKDEEDECHA**
- Case 2: Lip enhancement, **Ekaterina GUTOP**

12.30

12.30 - 14.00

LUNCH BREAK

14.00

### PERIORBITAL REJUVENATION WITH ENERGY-BASED DEVICES & THREAD

- Integrated treatment for periorbital rejuvenation: BTX, fillers and EBD, **Rosalina NADELA**
- Combining fillers & threads for better result in less time, **Syed N. HAQ**
- VDO: Combination Treatment for brow lifting (Injectables and Thread), **Nenad STANKOVIC**

#### LIVE DEMONSTRATION

- Case 1: Droopy eyes, **Jinda ROJANAMATIN**
- Case 2: Ultherapy for brow lifting, **Rungsima WANITPHAKDEEDECHA**
- Case 3: Demonstration to be announced, **Syed N. HAQ**

16.00

16.00 - 16.30

COFFEE BREAK

16.30

### PERIORAL REJUVENATION WITH COMBINATION TREATMENTS

- Combined energy-based devices and injections for perioral areas, **Anil RAJANI**
- Integrated treatment protocols for perioral beautification, **Ekaterina GUTOP**
- Combination of filler and monopolar radiofrequency using sliding technique for optimal jawline definition, **Peter Ion Lap CHEONG**

#### LIVE DEMONSTRATIONS

- Case 1: Perioral enhancement with injectables, **Dario BERTOSSI**
- Case 2: Mid and lower-face lifting with thread, **Anil RAJANI (VDO)**
- Case 3: Intraoral approach for lower face countouring, **Marisa PONGPRUTTHIPAN**

18.00

### LIST OF FACULTY

**BERTOSSI Dario**  
Facial Plastic Surgeon, Italy

**CHEONG Peter Ion Lap**  
Aesthetic Practitioner, Hong Kong

**GUTOP Ekaterina**  
Dermatologist, Russia

**HAQ Syed N.**  
Anti-aging & Aesthetic Practitioner, UK

**NADELA Rosalina**  
Dermatologist, Philippines

**PONGPRUTTHIPAN Marisa**  
Dermatologist, Thailand

**RAVICHANDRAN Simon**  
ENT Surgeon, United Kingdom

**RAJANI Anil**  
Aesthetic Practitioner, USA

**ROJANAMATIN Jinda**  
Dermatologist, Thailand

**STANKOVIC Nenad**  
Aesthetic Practitioner, Serbia

**TURKEYVYCH Alexander**  
Dermatologist, Ukraine

**WANITPHAKDEEDECHA Rungsima**  
Dermatologist, Thailand

# CURRENT APPLICATIONS OF LASER AND ENERGY-BASED DEVICES IN AESTHETIC DERMATOLOGY



## REGISTRATION

Participants can choose to register for:

- A** Lectures **only**
- B** Lectures + Hands-on workshops

This pre-congress course features lectures and hands-on workshop presented by a large and diverse group of the world leaders, and innovators in the fields of lasers and energy-based devices. The course objectives will focus on basic science and practical tips for physicians to learn on emerging technologies and treatment pearls. It also offers a wonderful opportunity to have hands-on experience and interact with world leaders in the field lasers and EBDs in the same venue. The target participants of this pre-congress laser & energy-based device course include dermatologists and aesthetic physicians who already had a well-developed basic understanding of the uses of lasers and energy-based devices and are looking for emerging lasers and EBDs in aesthetic dermatology to apply to your daily clinical practice.

## SCIENTIFIC DIRECTION



Prof. Dr. Woraphong MANUSKIATTI  
Dermatologist, Thailand



Dr. Klaus HOFFMANN  
Dermatologist, Germany

## LIST OF FACULTY

- AGARWAL Madhuri**  
Dermatologist, India
- HOFFMANN Klaus**  
Dermatologist, Germany
- HONGCHARU Wichai**  
Dermatologist, Thailand
- LIM Tingsong**  
Aesthetic Practitioner, Malaysia
- LIN Jeng-Hsien**  
Dermatologist Kaohsiung, Taiwan
- MANUSKIATTI Woraphong**  
Dermatology, Thailand
- Ofir ARTZI**  
Dermatologist, Israel
- PANCHAPRATEEP Ratchathorn**  
Dermatologist, Thailand
- PHONGPHIT Vanravi**  
Dermatologist, Thailand
- PHOTHONG Weeranut**  
Dermatologist, Thailand
- TECHAPICHETVANICH Thanya**  
Dermatologist, Thailand

## A

## Lectures from 8.30am to 12:30pm

8.30  
10.30

- Laser-assisted drug delivery: How to make it work, **Weeranut PHOTHONG**
- Laser-assisted PRP delivery for treatment of androgenetic alopecia, **Ratchathorn PANCHAPRATEEP**
- The fundamental truth of picosecond laser, **Klaus HOFFMANN**
- How to make pico-toning work for melasma, **Wichai HONGCHARU**
- Strategy of using picosecond lasers for melasma from the point of view of histological finding, **Jeng-Hsien LIN**
- When less is more in lasers and energy-based devices, **Tingsong LIM**

10.30 - 10.50

COFFEE BREAK

10.50  
12.30

- Fractional radiofrequency device and its applications, **Ofir ARTZI**
- Peri-orbital rejuvenation using a fractional thermo-mechanical device, **Vanravi PHONGPHIT**
- Basic science of FAT and EBDs for body contouring, **Klaus HOFFMANN**
- Freezing & Shaking the fat cells off, **Thanya TECHAPICHETVANICH**
- Absorbable threads for facial lifting: What's Hot and What's Not?, **Madhuri AGARWAL**

12.30 - 14.00

LUNCH BREAK

## B

## Hands-on Workshops (60 seats)

14.00  
16.00

- Registration for Workshop
- Orientation to Workshop (**ROTATION THROUGH 6 STATIONS**)
- Rotation 1
- Rotation 2
- Rotation 3

16.00 - 16.30

COFFEE BREAK

16.30  
18.00

- Rotation 4
- Rotation 5
- Rotation 6

**STATION 1**  
Fractional laser-assisted drug delivery,  
*Weeranut Phoithong*

**STATION 2**  
Fractional thermo-mechanical device,  
*Ofir Artzi*

**STATION 3**  
Fractional Radiofrequency device,  
*Penpun Wattanakrai*

**STATION 4**  
Fractional nonablative laser-assisted PRP delivery,  
*Ratchathorn Panchaprateep*

**STATION 5**  
Picosecond laser,  
*Tingsong Lim*

**STATION 6**  
Monopolar radiofrequency device,  
*Woraphong Manuskiatti*

*Scientific Program*

FRIDAY 22 NOVEMBER



08:30  
10:00

LECTURE

## KEYNOTE LECTURES SKIN AND ANTI-AGING CONSIDERATION

LECTURE

MODERATORS: Rungsima WANITPHAKDEEDECHA

- The gut-brain axis is relevant for skin aging, Patrizia D'ALESSIO, France
- Skin and microbiota, Nicolas WIERNSPERGER, France

10:30  
12:00

LIVE

## HOW TO DO MORE WITH LESS

LIVE

LIMITED-BUDGET AESTHETIC TREATMENT

MODERATORS: Dario BERTOSSI, Gisela TRAJANO-SARMIENTO

In this session, the faculty will reveal their tips and tricks in treating a patient under a limited budget. The participants will witness the whole process from the start through the final results with injectables.

- Optimal principles of age-related changes in different periods of aging, Karina SHYNDER, Ukraine
- Target the right face vectors through point-specific technique to achieve that look even on a certain budget, Gisela TRAJANO-SARMIENTO, Philippines
- Millennial patients: what they want and what they need, Ekaterina GUTOP, Russia
- Successful full-face treatment with 1-2 syringe, Alexander TURKEYVYCH, Ukraine
- **LIVE DEMO CASE 1:** Most effective use of a minimal amount of dermal filler; minute quantities, big results, Tom van EUK, Netherlands
- **LIVE DEMO CASE 2:** Visible result with 1cc HA product, Ekaterina GUTOP, Russia

14:00  
14:30

LECTURE

## SPECIAL FACIAL ANATOMY RELATED TO INJECTABLES

LECTURE

MODERATORS: Jinda ROJANAMATIN

- Special Lecture on Anatomy Tracings & Risky Zones with Dr. Dario BERTOSSI

## VIDEO BATTLE

### MY TECHNIQUES WITH INJECTABLES 5 MINUTES TO CONVINCe

MODERATORS: Rungsima WANITPHAKDEEDECHA, Syed N. HAQ



VIDEO BATTLE ▶

Images speak louder than words!  
The selected renowned speakers have 5 minutes to show their treatment and to convince the audience on their treatment choice in this video battle session.

*In the ring:*

Simon RAVICHANDRAN (UK), Alexander TURKEYVYCH (Ukraine), Anil RAJANI (USA), Dario BERTOSSI (Italy), Ekaterina GUTOP (Russia)

14:30  
15:30

## UNLIMITED-BUDGET AESTHETIC TREATMENT

LIVE

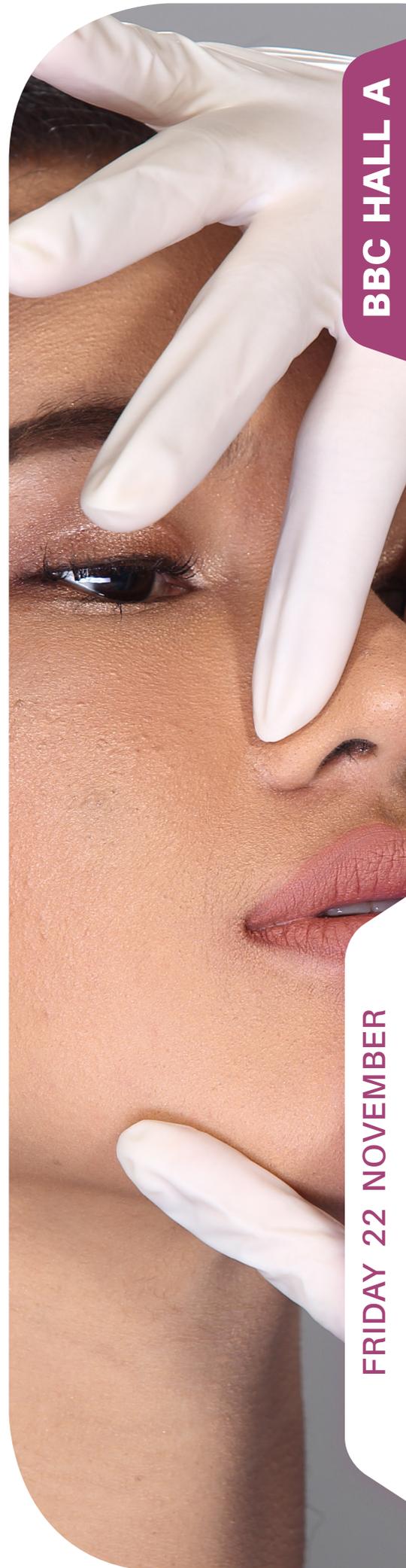
MODERATORS: Rungsima WANITPHAKDEEDECHA, Stefan LIPP

Without constraint on the budget, the faculty will share their full treatment plans suitable to rejuvenate different subjects of various ages. The participants will witness the whole process from the start through the final results with injectables.

- Histological foundation and rationale of using different types of fillers (HA, PLA, CaHA), Svetlana PERVYKH, Russia
- Aesthetic procedures in transgender patients, Rungsima WANITPHAKDEEDECHA, Thailand
- HOLLOWED and wrinkled patients: integrated treatment protocols with BTX, fillers and threads, Ekaterina GUTOP, Russia
- PRP in facial rejuvenation and/or combination with fatgraft or facelift, Daniel KALBERMATTEN, Switzerland
- **LIVE DEMO: CASE 1:** Beauty transformation, Marva SAFA, Switzerland
- **LIVE DEMO CASE 2:** How I approach full face rejuvenation, Anil RAJANI, USA

16:00  
18:00

LIVE



BBC HALL A

FRIDAY 22 NOVEMBER

08:30  
10:00

## AESTHETIC SURGERY UPDATE

### International scientific reports on surgical update

MODERATORS: Marisa PONGPRUTTHIPAN, Francis DECANGCHON

- Rhinoplasty with autogenous costal cartilage grafting, Chuan Hsiang KAO, Taiwan
- Short incision upper blepharoplasty: The Asian art, Kritsada KOWITWIBOOL, Thailand
- Gluteal augmentation the new boom, how to avoid complications, Francis DECANGCHON, Philippines
- One-stitch facelift, Peter PRENDERGAST, Ireland

10:30  
12:00

## FAT-IN & FAT-OUT

MODERATORS: Thanya TECHAPICHETVANICH, Kee Yang CHUNG

- Treatment of infraorbital dark circles : with emphasis on autologous fat transplantation, Kee Yang CHUNG, South Korea
- Combined cryolipolysis and radial shock wave for fat reduction : treatment cycles effect, Thanya TECHAPICHETVANICH, Thailand
- HIFEM technology and body contouring, Klaus HOFFMANN, Germany
- Clinical and histological evaluation of the treatment of stubborn localized fat, skin laxity and cellulitis with microwaves new device, Paolo BONAN, Italy
- Comprehensive designing for 5D liposculpture of trunk area, Kyung Chun AN, South Korea

14:00  
15:30

## FUNCTIONAL GYNECOLOGY & GENITAL REJUVENATION

MODERATORS: Penpun WATTANAKRAI, Francis DECANGCHON

- Surgical & non surgical vaginal rejuvenation, Anup DHIR, India
- Can COG threads use intravaginally for tightening and treatment of stress urinary incontinence? A new approach to intravaginal thread applications; VTT-L, VTT-C, PUTL techniques, Ozgur LEYLEK, Turkey
- Using of autolog fat as mesenchymal stem cell (MSC) and volumising material in female genital area for functional and aesthetic goals, Ozgur LEYLEK, Turkey
- Bipolar radiofrequency treatment for vaginal and genital rejuvenation, Penpun WATTANAKRAI, Thailand
- Refinements in female genital surgery (Labiaplasty), Francis DECANGCHON, Philippines

16:00  
18:00

## EBDS, LIGHT & LASER

MODERATORS: Ratchathorn PANCHAPRATEEP, Paolo BONAN

- Game Changer of 2019: Looking into energy based devices that made a difference, Ting Song LIM, Malaysia
- Safety and efficacy of the dual wavelength picosecond laser for the treatment of melasma in Asian skin, Aryani SUDHAMONO, Indonesia
- The concept of picosecond laser applications from tattoos to pigmentations, Klaus HOFFMANN, Germany
- Faster tattoo clearance by lasers: What else to add, Purita G. PAZ-LAO, Philippines
- The treatment of benign hyperpigmentations in Far East, Latino-America and South of Europe with the new safe and effective Alexandrite Laser, Paolo BONAN, Italy
- Evaporative dry eye treatment with a fractional thermo-mechanical device, Ludger HANNEKEN, Andorra
- Ice, Fire and Flex: New body contouring protocol, Christie MOEY, Malaysia
- Suction-assisted liposuction combined with laser-assisted skin tightening (SAL-LAST): a retrospective study of 1050 procedures, Andrea BIANCO, Italy

08:30  
10:00

## MANAGEMENT OF HAIR LOSS

MODERATORS: Ratchathorn PANCHAPRATEEP, Anup DHIR

- Challenging cases in alopecias, Chinmanat TANGJATURONRUSAMEE, Thailand
- Mechanical isolation of autologous human stem cells from hair follicles in hair restoration, Kelvin Chee Ling TAN, Malaysia
- Innovation to help hair loss, Ratchathorn PANCHAPRATEEP, Thailand
- PRP for alopecia, Ratchathorn PANCHAPRATEEP, Thailand
- Medical treatment is by nutrition supplements & local application, Anup DHIR, India

## DEALING WITH PIGMENTATION

MODERATORS: Voraphol VEJJABHINANTA, Grace LOPEZ

- Vitiligo camouflage: Emerging trend in dermatology, Aditya FAVADE, India
- Pigmentation updates: Treatment using plant-based topicals, Grace LOPEZ, Philippines
- Treating melasma with 755 nm picosecond laser in Asian skin - Tips and Tricks, Deasy Indra SAPUTRA, Indonesia
- Melasma in dark-skinned type: Response to various types of laser, Sasima EIMPUNTH, Thailand
- Melasma - Why do we fail treatment and how to increase the chance of success, Ofir ARTZI, Israel

10:30  
12:00

## SKIN CARE & COSMECEUTICALS

MODERATORS: Voraphol VEJJABHINANTA, Luci FORES

- The practical use of sunscreen, Nattaporn SAMPATTAVANICH, Thailand
- Epigenetic: Where are we and how will we integrate into our clinic, Stefan LIPP, Germany
- Photoprotection in the 21st century, Luci FORES, Philippines
- Topical cysteamine: A new hope for melasma therapy, Inneke Jane HIDAJAT, Indonesia
- Cellular rejuvenation using electromagnetic resonance, Kyung Chun AN, South Korea

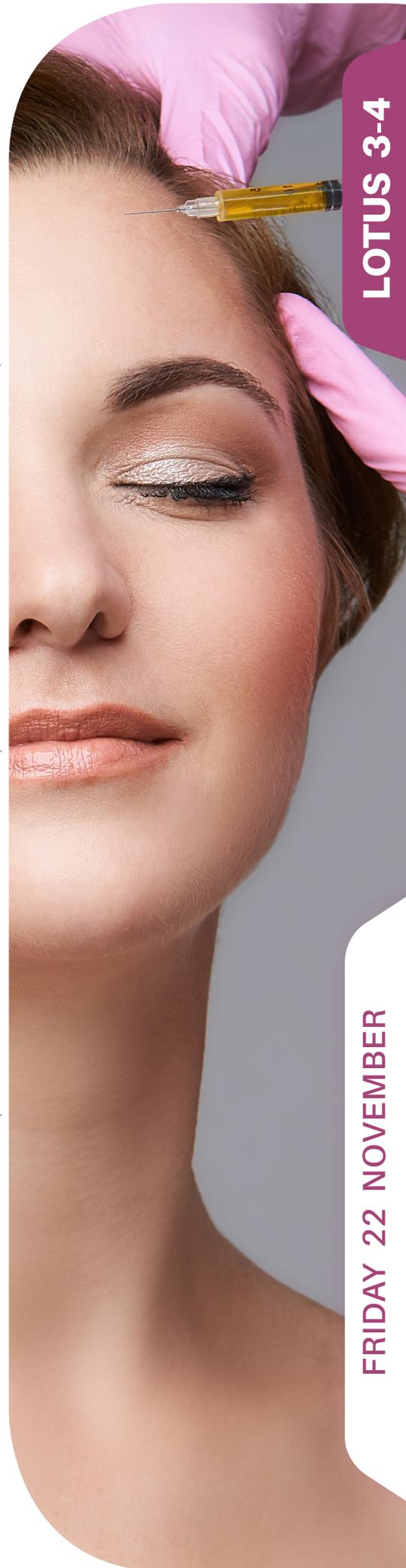
14:00  
15:30

## THREAD LIFTING

MODERATORS: Marisa PONGPRUTTHIPAN, Syed N. HAQ

- Threads - augmentation of the face, neck and body, Syed N. HAQ, UK
- PDO thread combinations - PDO threads are gaining popularity but combinations are less well discussed while results are superior, Anil RAJANI, USA
- Comparison between PDO, PLLA, permanent, barbs, cones..., Nenad STANKOVIC, Serbia
- MUST-lift: a new technique of combination face/ neck surgery with elastic permanent threads, Max-Adam SCHERER, RUSSIA
- A novel approach for nose shaping to avoid surgical rhinoplasty: PDO threads versus fillers, Faramarz DIDAR, UK
- Using threads for the optimal result. Combined treatment protocols with fillers, BTX and EBD, Ekaterina GUTOP, Russia

16:00  
18:00

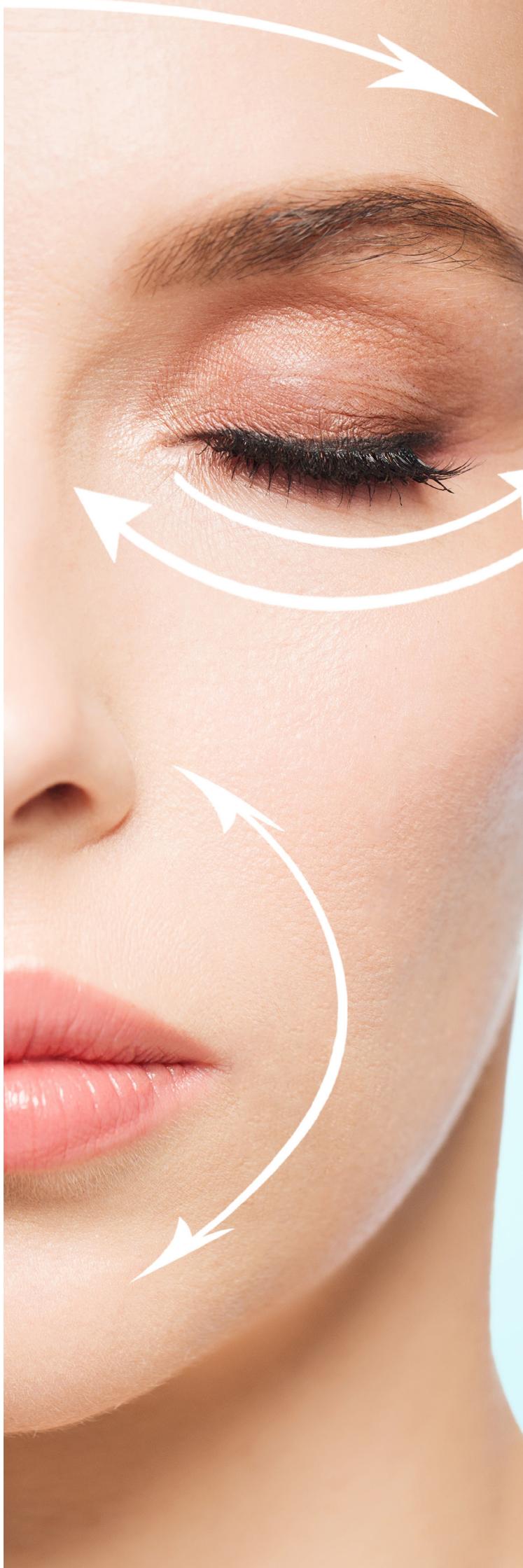


LOTUS 3-4

FRIDAY 22 NOVEMBER

*Scientific Program*

SATURDAY 23 NOVEMBER



## HOW I MANAGE MY WORST NIGHTMARES

MODERATORS: Prapawan CHAWVAVANICH, Stefan LIPP

- Complications of injectables in lower face, Madhuri AGARWAL, India
- How to use hyaluronidase, Prapawan CHAWVAVANICH, Thailand
- Post filler vision loss: Diagnosis and management, Krishan M. KAPOOR, India
- Pain syndrome after injecting soft tissue implants into the projection n.infraorbitalis, Anna FUNIKOVA, Ukraine
- Complications from absorbable threads following thread-lift for facial rejuvenation, Nenad STANKOVIC, Serbia
- Botulism-like syndrome and iatrogenic botulism aesthetic practice: clinical, laboratory and spectral analysis, management of complications, Svetlana PERVYKH, Russia

08:30  
10:00

### THE MASTERS' SHOWCASES OF CHALLENGING ZONES (1)

• LIVE

MODERATORS: Marva SAFA, Anil RAJANI

- Hyaluronic acid fillers: The periorbital complex and beyond, Allen CABRERA, Philippines
- Correcting the tear trough hollows, Peter PRENDERGAST, Ireland
- Undereye bags - PRF, Anil RAJANI, USA
- Application research and injection technique of poly L-lactic acid (PLLA) in facial rejuvenation, Lijun HAO, China
- **LIVE DEMO CASE 1:** My Personal technique: Beautifying the Asian periorbital complex with HA fillers, Allen CABRERA, Philippines
- **LIVE DEMO CASE 2:** Rejuvenation of the midface, Krishan M. KAPOOR, India

10:30  
12:00

• LIVE

### EXPERT DEBATE

#### IF I CAN ONLY CHOOSE ONE DEVICE WHAT WILL BE GOOD FOR MY PATIENTS AND ALSO GOOD FOR MY BUSINESS

MODERATORS: Woraphong MANUSKIATTI, Ofir ARTZI

Choosing the right device for your application can be a hassle when your budget allows to have only one. In this session, each expert will review their selected cases and the main points that should be considered. They will explain their points of view, the associated aspects and the advantages of their choice. At the end, the audience should be able to constitute their own conclusion on the best next device they should acquire.

Meet with:

Madhuri AGARWAL, Ofir ARTZI, Woraphong MANUSKIATTI, Ratchathorn PANCHAPRATEEP, Purita G. PAZ-LAO

14:00  
15:30

### THE MASTERS' SHOWCASES OF CHALLENGING ZONES (2)

• LIVE

MODERATORS: Marisa PONGPRUTTHIPAN, Marva SAFA

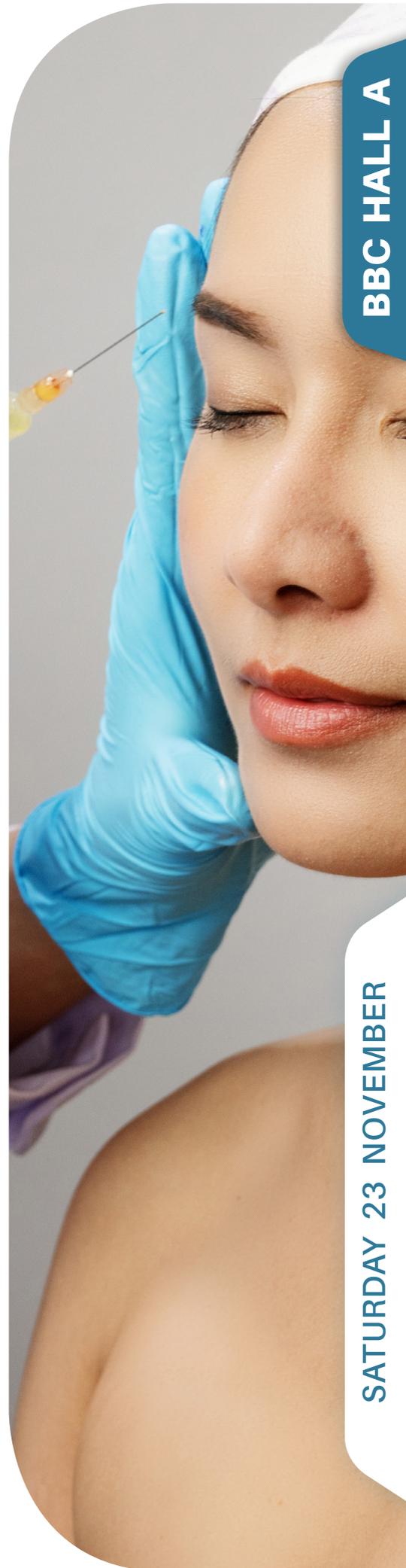
- Lips: why sometimes we can't achieve good result - what is necessary to take into account, Alexander TURKEYVYCH, Ukraine
- Correction of chin: Is the rejuvenation of the chin always simple?, Elena GOLTSOVA, Russia
- How to approach and treat double chin, Marisa PONGPRUTTHIPAN, Thailand
- Defining male masculinity through jawline and chin definition, Yudha Pranata ACHMAD, Indonesia
- **LIVE DEMO CASE 1:** Oblique and lateral profiling, Syed N. HAQ, UK
- **LIVE DEMO CASE 2:** Profilooplasty, Dario BERTOSI, Italy

16:00  
18:00

• LIVE

BBC HALL A

SATURDAY 23 NOVEMBER



08:30  
10:00

## BOTULINUM TOXIN: WHAT'S NEW

MODERATORS: Weeranut PHOTHONG, Rosalina NADELA

- Break 'The Rules' (Advanced botulinum toxin), Tom van EIJK, Netherlands
- «Traffic light» of the botulinum therapy. What can we do for the best results?, Elena GOLTSOVA, Russia
- 2 in 1: Intramuscular and intradermal toxin for the jawline and neck, Rosalina NADELA, Philippines
- Unknown data about well-known toxins, Alexander TURKEYVYCH, Ukraine
- Core curriculum of botulinum toxin A: Can they be compared? Dismantling the myths, Syed N. HAQ, UK

10:30  
12:00

## AESTHETICS BEYOND THE FACE

MODERATORS: Purita G. PAZ-LAO, Falguni SHAH

- Neuromodulators utilized as body toxin treatments, Gisela TRAJANO-SARMIENTO, Philippines
- Management of CEAP C1 disease: spider and reticular veins, Tanongkiet TIENTHAVORN, Thailand
- Non-invasive leg contouring, Rungsima WANITPHAKDEEDECHA, Thailand
- Body contouring using liposuction, Daniel KALBERMATTEN, Switzerland
- Ingrown nails: what you weren't taught but useful in your clinics, Vesarat WESAGOWIT, Thailand
- Hand: Complete rejuvenation techniques, Falguni SHAH, India

14:00  
15:30

## EMERGING TRENDS & TECHNOLOGIES

MODERATORS: Weeranut PHOTHONG, Stefan LIPP

- Unlocking the secret codes for facial rejuvenation with combination of EBDs, Falguni SHAH, India
- Clinical photos and the digital face design as an auxiliary tools in planning of aesthetic rehabilitation, Helena CHERHAVA, Ukraine
- Optical coherence tomography: A scarless skin biopsy, Weeranut PHOTHONG, Thailand
- The use of fractional plasma for periorbital rejuvenation and associated combined therapy, Stefan LIPP, Germany
- Application of a novel 585 fractionated yellow laser in treating facial erythema of rosacea, Jeng-Hsien LIN, Taiwan

16:00  
18:00

## FROM SURFACE TO STRUCTURE

MODERATORS: Sasima EIMPUNTH, Marva SAFA

- Aesthetics, from Art to Artificial, Tom VAN EIJK, Netherlands
- Understanding three dimensional multifactorial ageing processes for successful aesthetic outcome, Simon RAVICHANDRAN, UK
- Rejuvenation of the skin from inside: Amino acids, peptides, calcium hydroxyapatite, polynucleotides in biorevitalization, Angela GAIDASENCO, Moldova
- A holistic approach in treating chronically sun damaged skin, Faramarz DIDAR, UK
- Non-invasive skin quality treatments with combination of hyaluronic acid, gentle lasers and peelings, Marva SAFA, Switzerland
- Applications of stem cells in regenerative dermatology: Hype or Hope, Chinnavuth VATANASHEVANOPAKORN, Thailand
- Chemical peel rejuvenation for forgotten tell tale signs of aging (periorbital - eyelids area, neck, décolletage, hands and feet), Luci FORES, Philippines

## MEDICAL RHINOPLASTY

MODERATORS: Marisa PONGPRUTTHIPAN, Ting Song LIM

- Medical Rhinoplasty: how to make it safe?, Ting Song LIM, Malaysia
- Toxin injections for nose reshaping, Marisa PONGPRUTTHIPAN, Thailand
- The eight-minute nose job, Gisela TRAJANO-SARMIENTO, Philippines
- Nose Job: When surgery works better than fillers, Kritsada KOWITWIBOOL, Thailand
- Medical rhinoplasty: My way, Simon RAVICHANDRAN, UK

08:30  
10:00

## SCAR TREATMENT INSIGHT

MODERATORS: Weeranut PHOTHONG, Madhuri AGARWAL

- A new non invasive modality for severe acne, Madhuri AGARWAL, India
- Hyaluronic acid in scar treatments, Tom van EIJK, Netherlands
- Lasers for treatment and minimization of scars, Woraphong MANUSKIATTI, Thailand
- Acne scars: How to achieve better results - new studies and concepts, Ofir ARTZI, Israel
- Correction of acne scars with CROSS peeling, combination treatment protocols: TCA (trichloroacetic acid), PRP, fillers, Anna FUNIKOVA, Ukraine
- Scar wars: The new frontier in treating acne scars, Christie MOEY, Malaysia

10:30  
12:00

## ANTI-AGING & WELL-BEING

MODERATORS: Pakpilai THAVISIN, Serge GINTER

- Influence of gene-environment interactions on aging, Alenka FRANKO, Slovenia
- Influence of reactive oxygen and nitric species on aging and the effect of antioxidants, Alenka FRANKO, Slovenia
- Androgens and wellaging in women, Serge GINTER, Luxembourg
- Stress depended dysbiosis accelerating senescence, Patrizia D ALESSIO, France
- Understanding mesenchymal stromal cell, Patana TENG-UMNUAY, Thailand
- Glucagon-like peptide-1 (GLP-1) agonist for weight loss, Patana TENG-UMNUAY, Thailand

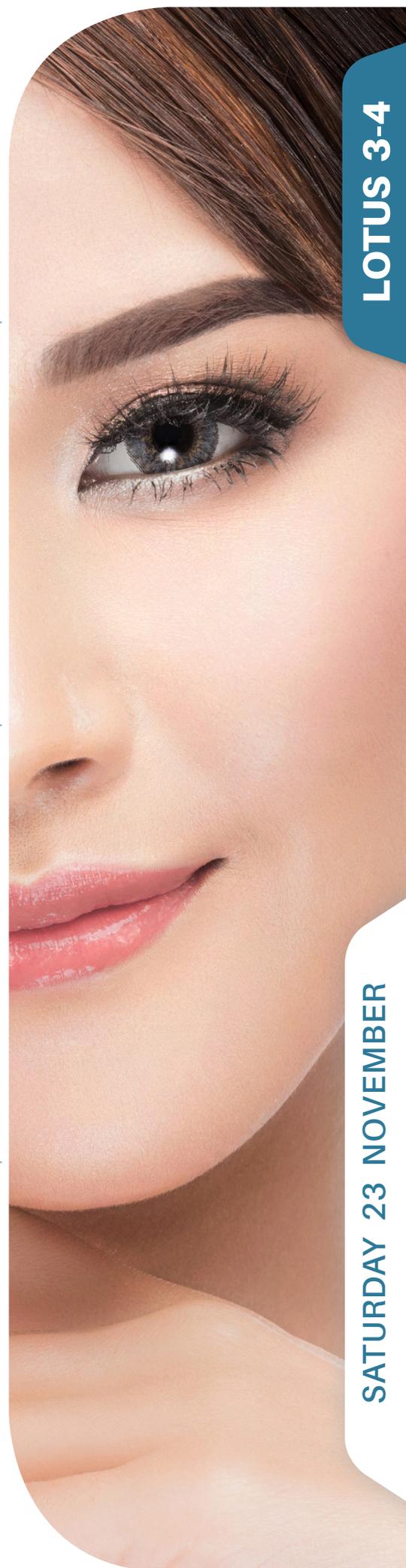
14:00  
15:30

## ANTI-AGING DERMATOLOGY

MODERATORS: Patana TENG-UMNUAY, Serge GINTER

- The sunshine vitamin D and the skin - A complex relationship, Karl J. NEESER, Thailand
- BHRT for aging skin, Pansak SUGKRAROEK, Thailand
- Skin microbiota in aging, Nicolas WIERNSPERGER, France
- Why dermatologist needs to know about PCOS, Pakpilai THAVISIN, Thailand
- Circadian skin is a reality: The secrets of skin repair in wound healing and antiaging, Xanya SOFRA, Hong Kong
- Complex treatment of aging: keto, cardio, hormones and aesthetics, Angela GAIDASENCO, Moldova

16:00  
18:00



# Sponsored Symposia Agenda

FRIDAY 22 NOVEMBER

SATURDAY 23 NOVEMBER

BBC HALL A

Lunch Symposium  
12:00 - 13:00

ALLERGAN

Lunch Symposium  
12:00 - 13:00

BON SONG

Company Symposium  
14:00 - 15:00

ZISHEL

- The Newest Lifting Method Using the Mesh Suture,  
James Min KIM, South Korea

Company Symposium  
10:30 - 11:30

MASTELLI

- THE ORIGINAL PDRN FROM ITALY: skin rejuvenation treatment to improve skin quality,  
Giulia CATTARINI MASTELLI, Italy

Company Symposium  
12:00 - 13:00

ULTRA V

MODERATOR: Wachira KUNATHATHORN, Thailand

- RF Dissector & Thread for Lower face Shaping, Han Jin KWON, South Korea
- Hiko 3 way technique to sculpting the Nose, Han Jin KWON, South Korea

Company Symposium  
14:00 - 15:00

FOLIALUX

- The application, research and injection technique of Poly (L-lactic Acid)/ PLLDA in Facial Rejuvenation,  
Lijun HAO, China
- Anti-aging & mesotherapy,  
Sai LUO & Yida CHEN, China

LOTUS 7



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## Congress Venue

Pre-congress courses (Thursday 21 November 2019)  
and Main Congress (Friday 22 & Saturday 23 November 2019)

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## Registration

Online registration, with secured payment by credit card is available at: [www.euromedicom.com](http://www.euromedicom.com)

On site registration will be available each day of the congress. The delegate registration fee includes:

- ✓ A badge, a congress bag, a conference book, all the congress documents and a certificate of attendance to the scientific program.
- ✓ Admission to the exhibition area and the conference rooms will depend on your choice of registration (CONFERENCE PASS - 2 DAYS or FULL PASS - 3 DAYS)
- ✓ Coffee breaks and lunches offered on site (Conference Pass and Full Pass)

#### Cancellation policy:

- Until 30 days before the Event: 20% processing fees on the total registration
- Between 30 to 15 days before the Event: 50% cancellation fees on the amount paid
- From 15 days before the Event date or no show: No refund.



## Travel / Accommodation / Etc.

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The airlines of SKYTEAM, Official Alliance Network for our event, offer attractive airfares for participants.

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Please note that for most countries no specific Visa is required to visit Thailand.

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### ◆ ACCOMMODATION

We are pleased to offer ICAD 2019 delegates promotional rates in the heart of central Bangkok at **CENTARA GRAND AT CENTRAL WORLD**, adjacent to the venue (Bangkok Convention Centre).

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### ◆ INTERNATIONAL ACCREDITATION



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-
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<b>LASER PRECONGRESS - THEORY PART PASS</b> 1 DAY - NOVEMBER 21
-
Coffee breaks
Laser Precongress Theory Part This part takes place during 8:30-12:30.
<b>DELEGATE</b>
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\*Certification required for discounted rate

\*\*Certification required - Only medical students who specialize in aesthetic and anti-aging medicine are eligible for the student rate

<b>TOTAL TO BE PAID</b>
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## PAYMENT

Bank transfer - ADD US\$15 for bank charges

**Paying bank:** THE HONG KONG AND SHANGHAI BANKING CORP. LTD  
**Address:** 21, Collyer Quay, #01-00 HSBC Building, Singapore 049320

**Account holder:** INFORMA EXHIBITIONS PTE LTD  
**Bank code:** 7232  
**Account number:** 260-093794-178 (USD Remittance)  
**SWIFT Code:** HSBCSGSG

Secure online payment available at [WWW.EUROMEDICOM.COM](http://WWW.EUROMEDICOM.COM)

**VERY IMPORTANT:** FOR ADMINISTRATIVE TREATMENT PURPOSE, BANK TRANSFER MUST BE MADE AT LEAST 10 DAYS PRIOR TO THE CONGRESS. PASSED THIS DATE, THE REGISTRANT MAY HAVE TO PAY ON SITE HIS REGISTRATION AND WILL BE EVENTUALLY REFUNDED AFTER THE CONGRESS. ADMINISTRATIVE PROCESS MAY TAKE UP TO 30 DAYS TO IDENTIFY THE TRANSFER AND PROCEED TO THE REFUND, AFTER THE EVENT. OBLIGATORY: DO MENTION THE REGISTRANT'S NAME + ICAD BANGKOK 2019 REFERENCE ON ALL THE BANK DOCUMENTS.

**CANCELLATION POLICY:** - +30 DAYS BEFORE: TOTAL REFUND - USD50 - BETWEEN 30 AND 15 DAYS: REFUND - 30% - 15 DAYS BEFORE: NO REFUND.  
CANCELLATION WILL BE PROCESSED AFTER WRITTEN DEMAND AND ONE MONTH AFTER THE CONGRESS.