DISSECTION & LIVE INJECTION COURSE

Spring Session

**12**тн





 $\mathbf{I}$ 

**m m m \_\_\_** 

1

-110

AND THE DEPARTMENT OF ANATOMY AND EMBRYOLOGY, LEIDEN UNIVERSITY MEDICAL CENTER (LUMC)





**Prof Dario BERTOSSI** Facial Plastic Surgeon Italy



**Dr Tatjana PAVICIC** Dermatologist Germany



**Dr Kate GOLDIE** Aesthetic Practitioner UK



Dr Simon RAVICHANDRAN ENT Surgeon/Aesthetic Facial Surgeon



**Dr Ekatarina GUTOP** Dermatologist Russia



**Prof Berend van der LEI** Plastic Surgeon The Netherlands



Dr Colin MORRISON Plastic Surgeon Ireland



**Dr Paul van der EERDEN** ENT Surgeon/Aesthetic Facial Surgeon The Netherlands



Prof Ash MOSAHEBI Plastic Surgeon UK



**Prof Rene van der HULST** Plastic Surgeon The Netherlands



**Dr Marc NELISSEN** Plastic Surgeon Belgium



Dr Daria VOROPAI Aesthetic Practitioner UK

# **E**ducational objectives

- Internationally renowned clinical experts and anatomists will illustrate and teach the pertinent clinical facial anatomy with emphasis on safe and reproducible techniques for the use of injectable fillers and toxins.
- Delegates will be taken through a holistic and extensive insight into the essential anatomy of the human face for safe practice in aesthetic medicine.
- Delegates will get a comprehensive understanding of various anatomical layers and structures within fresh frozen cadaver facial tissue and how facial injections influence volume loss and aging.
- Delegates will get an insight into reading the surface anatomy and real-time application of facial injectables with an emphasis on patient safety and avoidance of structures in critical danger zones of the upper, middle and lower face.
- Delegates will closely work with the experts in employing (advanced) injectable techniques in patients with interactive discussion on the choice and combination of dermal fillers and toxins for each region.

This course is organized in collaboration with the Anatomy laboratory, Leiden University Medical Center,



the Russian State Research Medical University (RSRMU) Department of Plastic and Reconstructive Surgery, Cosmetology and Cellular Technologies of Pirogov. Prof. Dr. Natalia MANTUROVA, Plastic Surgeon (Russia)

The CFA course is officially approved and endorsed by *the Netherlands Society of Plastic Surgery, the Netherlands Society of Aesthetic Plastic Surgery* and *The British Association of Aesthetic Plastic Surgeons.* 







This "Clinical Facial Anatomy: Dissection & Live Injection Course" is structured and organized based on the SAFE® Concept (Scientific Anatomical Filler Education/ Experience)

The SAFE® concept is used to inform and educate our peers to improve safety and efficacy in cosmetic medicine and Aesthetic surgery.

## ${\mathcal S}$ cientific-based

SAFE<sup>®</sup> CONCEPT

The course content elucidates the science behind the materials/products used in daily practice, evidence-based information for efficacy, longevity and safety of fillers including bacteriology, antiseptics and biofilm.

### Anatomy Essentials

The anatomical layers are shown in a clear manner including marking and surface anatomy.

These include the most clinically relevant SIX regions (forehead, temple, tear trough, cheek, lips & perioral, jawline & neck).

The location of danger zones, nerves, arteries and important mimetic muscles and their possible variations are delineated.

The synergy between volumisation, use of toxins and fillers will be emphasised.

#### Filler

Updates on science of dermal fillers and other related techniques will be summarized in a clinically relevant manner ranging from the choice of filler for each area, how to differentiate between different HAs, combination with PRP, EBD (lasers), etc.

Moreover, specific acute and late complications and treatment until dealing with previous "filled" zones will be also covered.

## Education

The course covers basic, intermediate and advanced injection techniques on different areas and is tailored for the interests and needs of the delegates. A pre-course questionnaire will be sent to evaluate these requirements.

Other aspects of treatment will be covered such as pain control and patient comfort and dealing with anxiety and difficult patients.



Day 1 Friday, May 29

VENUE 1

DEPARTMENT OF ANATOMY & EMBRYOLOGY

Leiden University Medical Center (LUMC) Albinusdreef 2 2333 ZC Leiden, The Netherlands

## ANATOMY DISSECTION COURSE

09:00 09:30	Refreshment & registration	
09:30 10:30	Introduction & overview on key anatomy points for injectables (structured VDO demonstrations)	
10:30 11:00	Break and preparation to move to the anatomy lab	
11:00 11:45	Station 1	
11:45 12:30	Station 2	
12:30 14:00	Lunch onsite with instructors	
14:00 14:45	Station 3	
14:45 15:30	Station 4	
15:30 16:00	Coffee break & discussion with instructors	
16:00 16:45	Station 5	
16:45 17:30	Station 6	

#### $\mathcal{S}$ ESSIONS

- LECTURE (from 9:00 to 11:00)
- ANATOMY LAB (from 11:00 to 17:30)

The Anatomy sessions are organized in such a way that 4-5 delegates rotate to instruction stations with 2 instructors per station table with a fresh frozen head specimen.

A layered pre-dissection will be pre-prepared on one half of each cadaver head to facilitate teaching. The participants will objectively learn the essential anatomy relevant to each clinical situation. They will continue to dissect and inject dyed filler material on the other half of the face allowing an understanding of the filler characteristics and tissue interaction.

Each station represents anatomy demonstration of one of the six important anatomical facial regions. An emphasis will be put on an avoidance of complications around facial danger zones: Where, What and How to inject?

The correct use and tissue injection of Hyalase will be demonstrated for the delegates to be optimally prepared for acute situations.

- Central Forehead: M. Frontalis variations: Corrugator complex, nerves & arteries
- Temple Area: "GunShot" technique" for Temple enhancement; Lateral Brow lift
- Tear trough: Deep or superficial injections and choice of filler
- Nose: Medical rhinomodulation technique and avoidance of complication
- Cheeks: Superficial & deep fat pads and their relative volume shifts, cheek enhancement
- Perioral region: Lip and philtrum enhancement, marionette lines, toxins around the mouth
- Jawline: contouring for bone loss or masculinization
- Neck & Decollete: The "washout" tightening technique

Day 2 Saturday, May 30

#### VENUE 2

BILDERBERG GARDEN HOTEL Dijsselhofplantsoen 7, 1077 BJ Amsterdam, The Netherlands



## SURFACE ANATOMY & CLINICAL LIVE DEMO'S



08:30 09:40	Overview of surface anatomy Summary on injectables Relevant clinical science / subject: biofilms, complications	
09:40 10:00	Coffee breaks	
10:00 13:00	5 Live demonstrations on Full Face with focus on: Tear Trough, Medical Rhinoplasty, Neck Washout	
13:00 14:00	Lunch onsite with instructors	
14:00 15:00	Practical demonstration / experience Session 1	
15:00 15:50	Practical demonstration / experience Session 2	
15:50 16:10	Coffee breaks	
16:10 17:00	Practical demonstration / experience Session 3	
17:00 17:30	Analysis of cases / Q&A Conclusion of the day & Certificate awarding	

Participants are assigned into groups of 4-5. The hands-on Live injections on « approximately 20 models » will be organized in different stations. Each station is led by 2 internationally reputed experts who will help the participants to translate the acquired knowledge on facial anatomy into surface anatomy and perform clinical treatments.

Direct observation and interactive discussion with the experts in small group during each session will allow the participants to better understand the treatment and techniques to be employed with a focus on:

- Dermal soft tissue fillers and muscle relaxing toxins as most important means of non-surgical facial rejuvenation
- The state-of-the-art techniques to be used in each region
- Live injections aim to cover important surface anatomy and delineate the exact depth and location for optimal aesthetic enhancement and rejuvenation
- · Injection under close supervision of the experts





EUROMEDICOM 37 AVENUE DE FRIEDLAND, 75008 PARIS - FRANCE

Tel: +33 (0)1 58 56 74 00

E-mail: registration@euromedicom.com

Online registration: WWW.EUROMEDICOM.COM (secured payment)

TITLE (DR, PROF)	FAMILY NAME	FIRST NAME	C EDDM	
MEDICAL SPECIALTY (Mandatory)				
CLINIC / COMPANY				
ADDRESS				
ZIP CODE	CITY	COUNTRY		
PHONE	FAX	YOUR CONFIRMATION & INVOICE WILL BE SENT BY E-MAIL	J I VLI	
E-MAIL (Mandatory)				

# **CLINICAL FACIAL ANATOMY COURSE**

✓ CFA 2020 Spring Session

- 29 May Anatomy part at Leiden University Medical Center (LUMC) (Albinusdreef 2, Leiden)
- 30 May Clinical part at Bilderberg Garden Hotel (Dijsselhofplantsoen 7, Amsterdam)

#### Shuttle bus on 29 May INCLUDED

- From Bilderberg Garden Hotel (Amsterdam) to Leiden University Medical Center (LUMC) (Leiden)
- From Leiden University Medical Center (LUMC) (Leiden) to Bilderberg Garden Hotel (Amsterdam)

#### Morning refreshment, Lunch & Coffee breaks INCLUDED

	TOTAL	€30	05			
PAYMENT						
□Bank transfer in Euros - ADD €15 for bank charges						
Paving bank:		Account holdor:	ELIDOMEDICOM			

Paying bank: BNP PARIBAS Address: CENTRE D'AFFAIRE AGENCE CENTRALE (00828) - 1 Boulevard Haussmann 75009 Paris, France

Account holder: Bank code: BIC - SWIFT: IBAN:

EUROMEDICOM 30004 **BNPAFRPPPAC** FR76 30004008280001263799276

Online payment available at WWW.EUROMEDICOM.COM

FOR ADMINISTRATIVE TREATMENT PURPOSE, BANK TRANSFER MUST BE MADE AT LEAST 10 DAYS PRIOR TO THE COURSE. PASSED THIS DATE, THE REGISTRANT MAY HAVE TO PAY ON SITE THEIR REGISTRATION AND WILL BE EVENTUALLY REFUNDED AFTER THE COURSE. ADMINISTRATIVE PROCESS MAY TAKE UP TO 30 DAYS TO IDENTIFY THE TRANSFER AND PROCEED TO THE REFUND, AFTER THE COURSE. OBLIGATORY: DO MENTION THE REGISTRANT'S NAME + CLINICAL FACIAL ANATOMY ON ALL THE BANK DOCUMENTS.

CANCELLATION MUST BE NOTIFIED IN WRITING BY FMAIL LINIQUELY TO: REGISTRATION@FUROMEDICOM COM

UNTIL 30 DAYS BEFORE THE COURSE: 20% PROCESSING FEES ON THE TOTAL REGISTRATION BETWEEN 30 TO 15 DAYS BEFORE THE COURSE: 50% CANCELLATION FEES ON THE AMOUNT PAID FROM 15 DAYS BEFORE THE COURSE DATE OR NO SHOW: NO REFUND – EXCEPT IN CASE OF "FORCE MAJEURE", CONDITIONS DETAILED BELOW.

REFUNDS MAY BE GRANTED BY THE ORGANIZER AFTER EVALUATION IF THE PARTICIPANT IS UNABLE TO ATTEND THE COURSE DUE TO A SEVERE ACCIDENT, CLOSE FAMILY (CHILDREN, HUSBAND/SPOUSE) ILLNESS, OR FAMILY DEATH. YOU CAN ALSO KEEP YOUR REGISTRATION FOR THE NEXT COURSE. IN SUCH CIRCUMSTANCES, PLEASE CONTACT MRS ALICIA LEOS AT REGISTRATION@EUROMEDICOM.COM. IN ALL CASES, REFUNDS WILL STILL BE SUBJECT TO A MINIMUM 10% PROCESSING FEE. CANCELLATION WILL BE PROCESSED AFTER WRITTEN DEMAND AND ONE MONTH AFTER THE COURSE.





This course brings so much value to my practice, in the end my patients benefit the most.

ANUSHKA REDDY, AESTHETIC PRACTITIONER, SOUTH AFRICA



I will be more daring in approaching area I would not usually do, I am more confident now.

Speakers really highlight the key issues, I am very happy

KEVIN MAHARIS, AESTHETIC PRACTITIONER INDONESIA



to have flown to Amsterdam to participate in this course. CATHARIJNE BARBARA HERINGA, AESTHETIC PRACTITIONER,

SWITZERLAND



NICOLE, PATIENT,

AMSTERDAM, THE NETHERLANDS

In the past, some doctors gave me too much 'duckface' and Dr Ali Pirayesh balanced my mouth and he did a very good job, actually it was painless!



GERDA JAGER, OPTHALMOLOGIST, THE NETHERLANDS



PASCALE SCHOOFS, AESTHETIC PRACTITIONER, THE NETHERLANDS



SABINE ZENKER (FACULTY), DERMATOLOGIST, GERMANY



EGYPT

good models on both days and very nice atmosphere. Best course ever for applied anatomy.

Go on like this. Top faculty,

This course has given me confidence and enabled me to improve my daily practice and patient satisfaction. I truly recommend this course to everyone who is practicing aesthetic medicine.

One of the most comprehensive teaching sessions I participated in. A course of highest quality, of greatest personal commitment of all, an utmost intense and relevant transfer of knowledge squeezed into the most effective time frame, a distillate coming out from long-term experience from the medical and the organization team!!



I appreciate sincerely all the effort, the staff, the organization and I have learned so much. I will go back to my country with self-confidence and updated skill.









**CFA** PREVIOUS EDITIONS

WINTER SESSION 2-3 DECEMBER 2016









#### **WHY** SHOULDI **CHOOSE** THIS COURSE?

#### Learn with over 10 core specialists (dermatology & plastic surgery), international experts in aesthetic medicine (injection techniques), who enjoy sharing their knowledge

- Clinically relevant anatomy and variations
- A faculty of core plastic surgeons with special interest in facial surgery with vast experience in instruction of anatomy and or injection techniques
  - Fresh frozen cadaver specimens carefully selected for facial analysis & instruction purpose
  - Small group: 2 instructors and 4-5 participants per head specimen
  - Opportunity to inject real fillers and appreciate different rheology & dissect under supervision
  - Discover the danger zones and practice hyalase injection technique to be prepared for emergency situations
- Integration of relevant anatomy dissection for aesthetic medicine and live Injections
  - Facial Analysis and Injection on more than 20 models
  - Where, What and How to Inject with safety
  - How to prevent and deal with complications in daily practice
  - Combination therapies with PRP and energy based devices: What, How and When
- Pre-course evaluation providing information on participants' needs & background
- CFA friends Facebook Group





Any physician who regularly injects faces, should attend this excellent quality course without hesitation!



I am very happy that I had the opportunity to get to know the specialists I met at the CFA course in Amsterdam. The course was not just great - it was far more than I expected! It is for everyone who doubts in their work for a specific region and wants to improve their technique in general. I didn't meet just new colleagues at the CFA course - I met new friends. Thank you for the wonderful experience!

TESTIMONIALS





Unique course and the Anatomy & Dissection part was excellent! You can see actual fat compartments and can follow the important vessel structures through the tissue layers with a possibility to see fillers being used aesthetically in all areas at the same time.



AESTHETIC PRACTITIONER, UK

DERMATOLOGIST LIK

Incredible course for both the Anatomy Dissection and Live Injection! The course has given me more confidence to provide high quality treatment to my clients from simple to complex procedures



CANADA

This course is a must for aesthetic practitioners embarking on their careers. The course is unique with the presentation of live anatomy and it's variations by experienced practitioners. For more experienced practitioners; it provides review of essential anatomy and review of best injection practices with patients on day 2. Working next to world class injectors is invaluable!



AESTHETIC PRACTITIONER

This course is very impressive, I don't think I need anything to add.



COLOMBIA

I find this course perfect for everyone who wants to achive more experience during injection procedures



PLASTIC & AESTHETIC SURGEON

I just wanted to say what a pleasure it was to meet you and spend time with you in Amsterdam. I thought the course was great, well organised and had a lovely atmosphere which is unusual in these sorts of courses.



DERMATOLOGIST, BUI GARIA

The course is comprehensive and follows the anatomical logic. The demonstrated thechnics were safe and the aesthetic results were natural. It worths to participate.