



im-aesthetics  
informa medical aesthetics



# AESTHETIC FACIAL ANATOMY

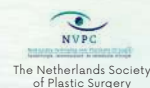


**13<sup>TH</sup>** | SPRING SESSION  
edition | **12-13 MAY**  
**2023** | **Leiden**  
**Amsterdam**



Course content based  
on the AFA's book syllabus.

The AFA course is officially approved and endorsed by



[www.euromedicom.com](http://www.euromedicom.com)



## Scientific DIRECTOR



**Ali PIRAYESH**  
Plastic Surgeon  
Executive Council Dutch Society of Plastic Surgery (NVPC)  
President Dutch Society of Aesthetic Plastic Surgery (NVEPC)  
The Netherlands

## Faculty



**Prof Dario BERTOSSI**  
Facial Plastic Surgeon  
Italy



**Dr Philippe Ludovic MAGISTRETTI**  
Radiologist & Aesthetic Physician  
Switzerland



**Dr Ekatarina GUTOP**  
Dermatologist  
Russia



**Dr Colin MORRISON**  
Plastic Surgeon  
Ireland



**Prof Ash MOSAHEBI**  
Plastic Surgeon  
UK



**Dr Marc NELISSEN**  
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Belgium



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Dermatologist  
UK



**Dr Tatjana PAVICIC**  
Dermatologist  
Germany



**Dr Simon RAVICHANDRAN**  
ENT Surgeon/Aesthetic Facial Surgeon  
UK



**Prof Berend van der LEI**  
Plastic Surgeon  
The Netherlands



**Dr Paul van der EERDEN**  
ENT Surgeon/Aesthetic Facial Surgeon  
The Netherlands



**Prof Rene van der HULST**  
Plastic Surgeon  
The Netherlands

## Educational objectives

- Internationally renowned clinical experts and anatomists will illustrate and teach the pertinent clinical facial anatomy with emphasis on safe and reproducible techniques for the use of injectable fillers and toxins.
- Delegates will be taken through a holistic and extensive teaching of the essential anatomy of the human face with fresh frozen cadaver facial tissue to see how facial injections influence volume loss and aging.
- Delegates will learn about the surface anatomy and real-time application of facial injectables with an emphasis on patient safety and avoidance of structures in critical danger zones in the upper, middle and lower face.
- Delegates will work closely with the experts in employing (advanced) injectable techniques in patients with discussion on the choice and combination of dermal fillers and toxins for each region.

The AFA course is officially approved and endorsed by *the Netherlands Society of Plastic Surgery, the Netherlands Society of Aesthetic Plastic Surgery and The British Association of Aesthetic Plastic Surgeons.*



## SAFE® CONCEPT

This “Aesthetic Facial Anatomy: Dissection & Live Injection Course” is structured based on the **SAFE® Concept (Scientific Anatomical Filler Education/Experience)**

The **SAFE® concept** is used to inform and educate our peers while improving safety and efficacy in cosmetic medicine and Aesthetic surgery.



## Scientific-based

The course content elucidates the science behind the materials and products used in daily practice, evidence-based information for efficacy, longevity and safety of fillers including bacteriology, antiseptics, and biofilm.

## Anatomy Essentials

The anatomical layers are shown in a clear manner by marking the surface anatomy.

The anatomy includes the most clinically relevant regions, the forehead, temple, tear trough, cheek, lips & perioral, jawline and neck.

The location of danger zones, nerves, arteries and important mimetic muscles and their possible variations are delineated.

The synergy between volumisation, use of toxins and fillers will be emphasised.

## Filler

Updates of the science of dermal fillers and other related techniques will be summarized in a clinically relevant manner ranging from the choice of filler for each area, how to differentiate between different HAs, combination with PRP, EBD (lasers), etc.

Moreover, specific acute and late complications and treatment until dealing with previous “filled” zones will be also covered.

## Education

The course covers basic, intermediate, and advanced injection techniques on different areas and is tailored for the interests and needs of the delegates. A pre-course questionnaire will be sent to evaluate these requirements.

Other aspects of treatment will be covered such as pain control and patient comfort and dealing with anxiety and difficult patients.





## ANATOMY DISSECTION COURSE

Day 1

Friday, May 12

VENUE 1

**DEPARTMENT OF ANATOMY & EMBRYOLOGY**  
Leiden University Medical Center (LUMC)  
Albinusdreef 2  
2333 ZC Leiden,  
The Netherlands

### SESSIONS

- LECTURE (from 9:00 to 11:00)
- ANATOMY LAB (from 11:00 to 17:30)

The Anatomy sessions are organized in such a way that 4-5 delegates rotate to instruction stations with 2 instructors per station table with a fresh frozen head specimen.

A layered pre-dissection will be pre-prepared on one half of each cadaver head to facilitate teaching. The participants will objectively learn the essential anatomy relevant to each clinical situation. They will continue to dissect and inject dyed filler material on the other half of the face to understand the filler characteristics and tissue interaction.

Each station represents anatomy demonstration of one of the six important anatomical facial regions. An emphasis will be put on an avoidance of complications around facial danger zones:  
**Where, What and How to inject?**

The correct use and tissue injection of Hyalase will be demonstrated for the delegates to be optimally prepared for acute situations.

- Central Forehead: M. Frontalis variations: Corrugator complex, nerves & arteries
- Temple Area: "GunShot" technique" for Temple enhancement; Lateral Brow lift
- Tear trough: Deep or superficial injections and choice of filler
- Nose: Medical rhinomodulation technique and avoidance of complication
- Cheeks: Superficial & deep fat pads and their relative volume shifts, cheek enhancement
- Perioral region: Lip and philtrum enhancement, marionette lines, toxins around the mouth
- Jawline: contouring for bone loss or masculinization
- Neck & Decollete: The "washout" tightening technique

09:00 09:30	Refreshments & registration
09:30 10:30	Introduction & overview on key anatomy points for injectables (structured VDO demonstrations)
10:30 11:00	Break and preparation to move to the anatomy lab
11:00 11:45	Station 1
11:45 12:30	Station 2
12:30 14:00	Lunch onsite with instructors
14:00 14:45	Station 3
14:45 15:30	Station 4
15:30 16:00	Coffee break & discussion with instructors
16:00 16:45	Station 5
16:45 17:30	Station 6

Day 2

Saturday, May 13

VENUE 2

**BILDERBERG GARDEN HOTEL**  
Dijsselhofplantsoen 7,  
1077 BJ Amsterdam,  
The Netherlands



## SURFACE ANATOMY & CLINICAL LIVE DEMO'S

08:30 09:40	Overview of surface anatomy Summary on injectables Relevant clinical science / subject: biofilms, complications...
09:40 10:00	Coffee breaks
10:00 13:00	5 Live demonstrations on Full Face with focus on: Tear Trough, Medical Rhinoplasty, Neck Washout
13:00 14:00	Lunch onsite with instructors
14:00 15:00	Practical demonstration / experience Session 1
15:00 15:50	Practical demonstration / experience Session 2
15:50 16:10	Coffee breaks
16:10 17:00	Practical demonstration / experience Session 3
17:00 17:30	Analysis of cases / Q&A Conclusion of the day & Certificate awarding

Participants are assigned into groups of 4-5. The hands-on live injections of approximately 20 models will be organized in different stations. Each station is led by 2 internationally reputed experts who will help the participants to translate the acquired knowledge on facial anatomy into surface anatomy and perform clinical treatments.

Direct observation and interactive discussion with the experts in small group during each session will allow the participants to better understand the treatment and techniques to be employed with a focus on:

- Dermal soft tissue fillers and muscle relaxing toxins as most important means of non-surgical facial rejuvenation
- State-of-the-art techniques to be used in each region
- Live injections aim to cover important surface anatomy and delineate the exact depth and location for optimal aesthetic enhancement and rejuvenation
- Injection under close supervision by the experts



PREVIOUS EDITIONS

SPRING SESSION 13-14 MAY 2022



AUTUMN SESSION 29-30 NOVEMBER 2019



AUTUMN SESSION 19-20 OCTOBER 2018



SPRING SESSION 18-19 MAY 2018



AUTUMN SESSION 27-28 OCTOBER 2017



TESTIMONIALS

*Incredible and unique course for both the anatomy dissection and live Injection! You can see actual fat compartments and can follow the important vessel structures through the tissue layers with a possibility to see fillers being used aesthetically in all areas at the same time.*

DR. WANDA HARGREAVES  
DERMATOLOGIST  
UK

*Very interesting, very informative and very good learning experience. It gave me a total perspective of full anatomy of the face. Most important thing is what to avoid so that we don't get into complication.*

DR. VIPAL ARORA  
AESTHETIC PRACTITIONER  
USA

*I came to this course to learn more in-depth training on facial aesthetics, anatomy and a lot of different things that I didn't know about. Basically, I came here with a grocery list. Honestly, I went through all of my items and I can tick them all of everything I wanted to learn, everything I wanted to see, I did it with people who are knowledgeable, approachable and friendly. It's a great course. I recommend to everyone who wants to get training whether basic or advanced, **this is the place to come.***

DR. THIERRY TREMBLAY  
UROLOGIST  
CANADA



*This course is a **MUST** for aesthetic practitioners embarking on their careers. The course is unique with the presentation of live anatomy and its variations. For more experienced practitioners, it provides review of essential anatomy and best injection practices with patients. Working next to world class injectors is invaluable!*

DR. STEWART ADAMS  
DERMATOLOGIST  
CANADA

*The faculty were extremely knowledgeable and very friendly. The teaching was of a very high quality and the organisation was really excellent. The highlight for me was the anatomy teaching. I wouldn't hesitate to recommend this course to anyone who wants to further their knowledge in medical aesthetics.*

DR. REBECCA HIERONS  
SPECIALIST ORAL SURGEON & FACIAL AESTHETICS PRACTITIONER  
UK

*The power of this course is the perfect combination of anatomy, theory and practice.*

DR. OLAF VROOMAN  
UROLOGIST  
GERMANY

*Any physician, who regularly injects faces, should attend this excellent quality course without hesitation!*

DR. NASSER MADI  
INTERNAL MEDICINE  
SWITZERLAND

*AFA was a truly wonderful experience. I would definitely recommend this course for all dermatology and aesthetic medicine students and also skilled injectors because it teaches us an overall approach to aesthetics and also how to approach a patient asking for aesthetic procedures. More importantly, it teaches us when to suggest surgical procedures and refer them to the right practitioner. This wonderful and absolutely scientific workshop has given me a new edge on patient approach and finally after years tilted my inclination towards injectables and fillers.*

DR. MINAL PATWARDHAN ANDRADE  
DERMATOLOGIST  
UAE

*I highly recommend the AFA course. Beautifully organised and structured, with the opportunity to have small group of teaching from world class leaders in the field, and to meet other like-minded international delegates. The course is designed for injectors: with cadaveric demonstrations and live injection sessions.*

DR. LYNETTE YONG  
AESTHETIC & ANTI-AGING PRACTITIONER  
UK

*Speakers really highlight the key issues, I am very happy to have flown to Amsterdam to participate in this course.*

DR. CATHARIJNE HERINGA  
AESTHETIC PRACTITIONER  
SWITZERLAND



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TESTIMONIALS

*An interesting course with good information, a lot of practical skills and useful tips! Great time, great people!*

**DR. GABRIELA CRISTINA SUDITU**  
DERMATOLOGIST  
ROMANIA

*This course has given me confidence and enabled me to improve my daily practice and patient satisfaction. I truly recommend this course to everyone who is practicing aesthetic medicine.*

**DR. F PASCAL SCHOOFS**  
AESTHETIC PRACTITIONER  
NETHERLANDS

*The course was not just great - it was far from what I expected! It is for everyone who doubts in their work for a specific region and wants to improve their technique in general. I didn't meet just new colleagues here, I met new friends. Thank you for the wonderful experience!*

**DR. DAMIAN ENCHEV**  
DENTAL SURGEON  
BULGARIA

*I find this course perfect for everyone who wants to achieve more experience during injection procedures.*

**DR. BORIS HENRIQUEZ**  
PLASTIC SURGEON  
COLOMBIA

*One of the most important thing with the injections aside from knowing the right indications is patient's safety. In order to know patient's safety, knowledge about anatomy is the foremost reason I register to this course. I will be more daring in approaching area I would not usually do, I am more confident now.*

**DR. KEVIN ALEXANDER MAHARIS**  
AESTHETIC PRACTITIONER  
INDONESIA

*The course has given me more confidence to provide high quality treatment to my clients from simple to complex procedures.*

**DR. HUGO HAGEN**  
DENTIST  
UK

*I appreciate sincerely all the effort, the staff, the organization and I have learned so much. I will go back to my country with self-confidence and updated skill.*

**DR. HASSAN SALEM TAHA**  
DERMATOLOGIST  
EGYPT



*The course is very useful and comprehensive. All the speakers and the trainers were very good. Discussion and consultations with the faculty had answered the questions we had. I encourage all doctors to attend.*

**DR. ASHRAF ZEIDAN**  
AESTHETIC & ANTI-AGING PHYSICIAN  
KUWAIT

*Starting with the SAFE concept was the best part of this course.*

**DR. ADRIANA RELVAS**  
GERIATRIST  
PORTUGAL

*This course answered to whatever my questions that I have, or some of techniques that I'll do. The injectors are so experienced and I have learned so much just in just a few hours. This course will make an absolutely huge difference to my practice. I'm very thorough by registered to this course. It will bring so much value to my practice and in the end my patients benefit the most from it.*

**DR. ANUSHKA REDDY**  
AESTHETIC PRACTITIONER  
SOUTH AFRICA

*Top faculty, best course ever for applied anatomy and a very nice atmosphere.*

**DR. GERDA JAGER**  
OPHTHALMOLOGIST  
NETHERLANDS



SPRING SESSION 19-20 MAY 2017



WINTER SESSION 2-3 DECEMBER 2016



SPRING SESSION 13-14 MAY 2016



WINTER SESSION 27-28 NOVEMBER 2015



SPRING SESSION 8-9 MAY 2015



CFA 10-11 OCTOBER 2014



Why  
SHOULD I  
CHOOSE  
THIS COURSE?

1



Learn from over 10 core specialists in dermatology & plastic surgery

and international experts in aesthetic medicine who enjoy sharing their knowledge

2



Learn about clinically relevant anatomy and variations

3



Special interests in facial surgery with vast experience in instruction of anatomy and or injection techniques

- Fresh frozen cadaver specimens carefully selected for facial analysis & instruction purpose
- Small group: 2 instructors and 4-5 participants per head specimen
- Opportunity to inject real fillers and appreciate different rheology & dissect under supervision
- Discover the danger zones and practice hyalase injection technique to be prepared for emergency situations

4



Integration of relevant anatomy dissection for aesthetic medicine and live Injections

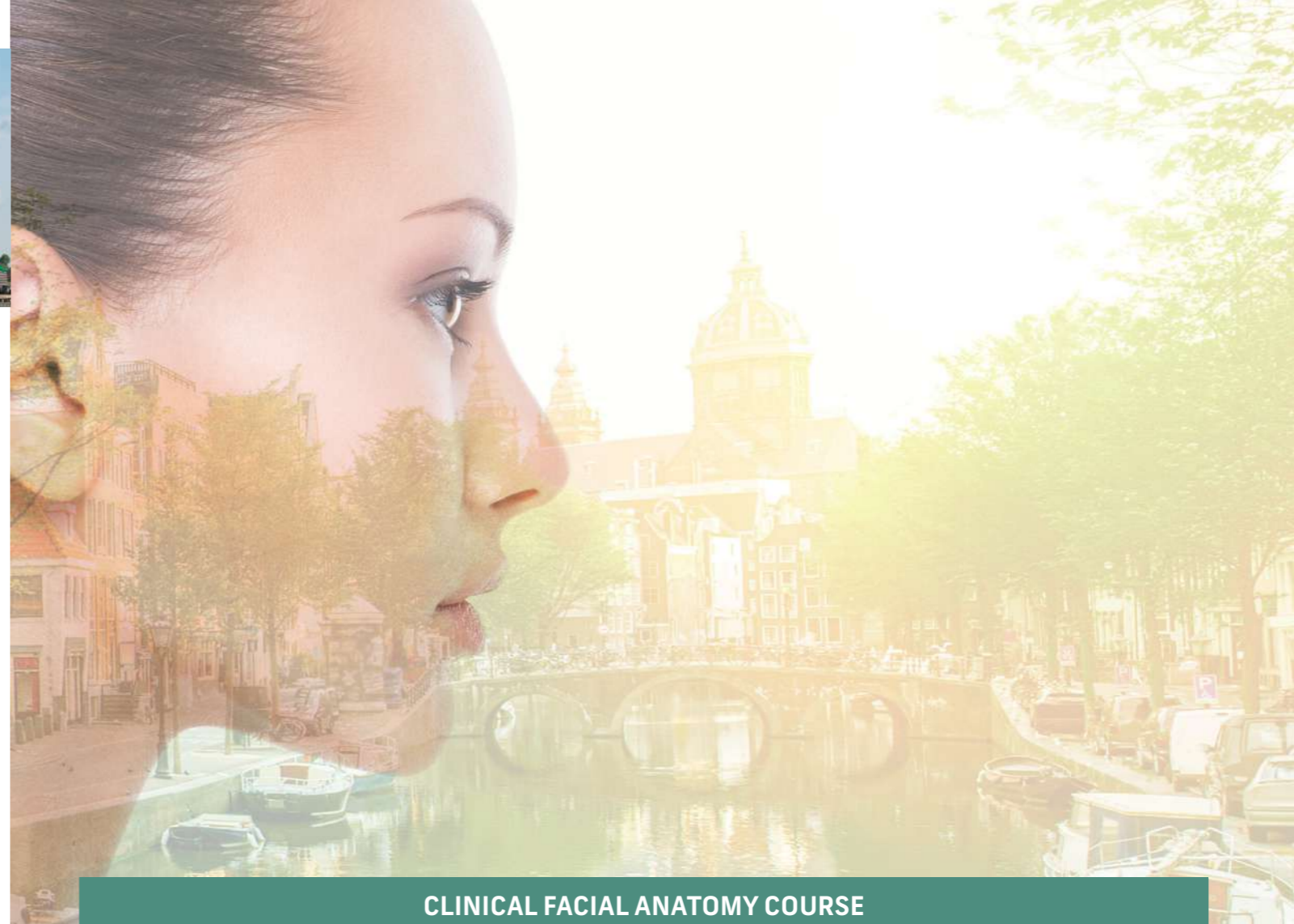
- Facial Analysis and Injection on more than 20 models
- Where, What and How to Inject with safety
- How to prevent and deal with complications in daily practice
- Combination therapies with PRP and energy based devices: What, How and When

5



Pre-course evaluation

providing information on participants' needs & background



## CLINICAL FACIAL ANATOMY COURSE

2 DAYS - 12 & 13 May 2023

- ✓ **AFA 2023**
  - 12 May – Anatomy part at Leiden University Medical Center (LUMC) (Albinusdreef 2, Leiden)
  - 13 May – Clinical part at Bilderberg Garden Hotel (Dijsselhofplantsoen 7, Amsterdam)
- ✓ **Shuttle bus on 12 May INCLUDED**
  - From **Bilderberg Garden Hotel** (Amsterdam) to **Leiden University Medical Center (LUMC)** (Leiden)
  - From **Leiden University Medical Center (LUMC)** (Leiden) to **Bilderberg Garden Hotel** (Amsterdam)
- ✓ **Morning refreshment, Lunch & Coffee breaks INCLUDED**

Tel: +33 (0)1 58 56 74 00

E-mail: [registration@euromedicom.com](mailto:registration@euromedicom.com)

Online registration: [WWW.EUROMEDICOM.COM](http://WWW.EUROMEDICOM.COM)

(secured payment)

COURSE PRICE .....€3005



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